



Our next exercise

This exercise is designed to help you ride bending lines and related distances in an organised and controlled way employing good rider skills.

The better you know the pattern following the numbers and arrows the more you learn in the lesson! This is the base exercise, we will hopefully be able to do some more variations.

Rider Responsibilities (key skills)

- Look and Plan - The rider has to know where they is going!
- Speed - The rider has to be in communicate and control the speed (how fast we are going).
- Direction - The rider has to communicate where we are going
- Balance - The rider has to maintain their position so they communicate effectively with the horse.

Dressage marks explained

